Transportation and Funding

Transportation is coordinated by

transportation throughout the day. Bus passes will be provided by the regional center. Occasionally, individuals will be transported in vehicles owned and maintained by U.V.A.H. at no additional cost to the individual.

L.I.F.E. is funded by the Redwood Coast

Regional Center. Students are jointly funded by Ukiah Unified Schools and R.C.R.C.

Department of Rehabilitation

funding may be available for

some work-related services.

Private or third-party funding

is accepted.



Tuition, entrance fees, books and supplies will be paid for by the person served.



U.V.A.H. Mission

To help people with disabilities reach their full potential as individuals and productive citizens in our community.

Contact Us

(707) 468-8824

TTY (800) 735-2929

Fax (707) 468-9149

www.uvah.org

Mailing Address P.O. Box 689 Ukiah, CA 95482

L.I.F.E Learning

Independence
From
Experience

A Community-Based Service

The purpose of L.I.F.E. services is to support people with developmental disabilities to have meaningful, productive and purposeful lives.

Tel: 707-468-8824

What is L.I.F.E. Services?

The purpose of L.I.F.E. is to connect individuals served with their community in order for them to:



Explore Personal

Interests

- earn an income
- explore personal interests at college and elsewhere
- take care of everyday
 business such as
 going to the bank,
 doing laundry,

eating out, keeping fit and using public transportation.

All services take place in the community. Interactions with co-workers, classmates, neighbors and the general public are promoted, supported and encouraged at all times. Personal connections develop over time based on the frequency of contact and individuals' comfort levels.

Planning for Success



Personalized Opportunities

Build on Dreams and Talents

Individuals are supported to develop goals and objectives to reach their dreams, satisfy their needs, and achieve what they

want to accomplish in life.

Initial planning starts before services are offered, occurs over a period of time and includes anyone the person invites, who will work as a team to make the person's desired outcomes a reality.

Employment and Personal Interests

- Employment to match individual interests, skills and unique talents
- Direct hire jobs that pay minimum wage or better
- Self-employment support to reach income goal

L.I.F.E. assists individuals with their:

- preferred daily and weekly routines
- recreational and leisure pursuits
- adult education opportunities and
- access to community resources

People are encouraged and supported to learn how to do things that reduce their reliance on others.

Eligibility and Supports

Persons served are:

- Adults with a developmental or other disability and
- 18-22 year old students with an I.E.P. in their last year of school, who
- Want to be fully included in work and community life.

Supports:

- One community support facilitator for every two or three individuals
- Assistance to learn how to do things that reduce reliance on others
- Support to exercise daily life choices independently
- Support to follow daily, weekly, monthly schedule
- Job development, job coaching and/or self-employment support

CONTACT US

L.I.F.E. Services Manager 915 South Dora Street Ukiah, California 95482

> Phone: 707-468-8824 Fax: 707-468-9149