

What you can do to help

When the community helps people with disabilities people with disabilities help the community.

YOU can help by:

- Becoming a member of U.V.A.H.
- Making a tax-deductible donation.
- Joining in the work as a volunteer, Board member, committee member or becoming an employee.
- Supporting U.V.A.H.'s fundraising efforts.
- Informing other groups of U.V.A.H.'s activities and needs.

Ukiah Valley Association For Habilitation

LOCATIONS

Administrative Office

990 S. Dora Street
Ukiah, CA 95482

Rural Adult Program

915 S. Dora Street
209 W. Mill Street
Ukiah, CA 95482

Mayacama Industries Mayacama Employment Service

990 S. Dora Street
Ukiah, CA 95482

L.I.F.E. Services

915 S. Dora Street
Ukiah, CA 95482

CONTACT US

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www.uvah.org

Mailing Address

P.O. Box 689

UKIAH VALLEY ASSOCIATION FOR HABILITATION



A private
not-for-profit
California
corporation serving
people with
disabilities

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|----------------------------------|--|
| CLIP AND MAIL TO: | U.V.A.H. P.O. BOX 689 UKIAH, CA 95482 |
| | <i>IN SUPPORT OF U.V.A.H</i> |
| Please enroll me as: | Family Member (\$15) |
| Patron (\$100) | Individual Member (\$10) |
| Sponsor (\$50) | Organization Member (\$15) |
| | <i>Your contributions are tax deductible</i> |
| Name: _____ | |
| Address: _____ | |
| City _____ State _____ Zip _____ | |

UKIAH VALLEY ASSOCIATION FOR HABILITATION

Vision

A community that values all its members so everyone is connected and respected as a vital part of the community with meaningful ways to contribute and maximize their potential

Purpose

To help people with disabilities meet their full potential as individuals and productive citizens in our community.

We do this by providing a wide range of social and employment development services, a supportive environment, and by educating and involving the community in an effort to integrate people with disabilities into community life.

L.I.F.E. Services

Learning Independence from Experience

L.I.F.E. Services connects individuals served with their community in order for them to earn an income, explore personal interests and increase their social independence. All services take place in the community.

L.I.F.E. Services is designed to serve adults with a disability and 18-22 year old students with an I.E.P. who want to be fully included in work and community life.

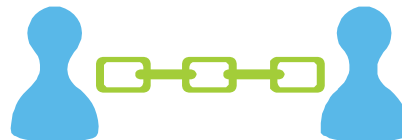
RURAL ADULT PROGRAM

The **Rural Adult Program (RAP)** provides training and support in self-care, communication, community awareness, recreation/leisure activities and vocational development to help people with developmental disabilities maximize their independence.

RAP uses the principles of person-centered planning to arrive at individualized goals and objectives based on each person's choices, interests and needs. Most activities occur in the community and are typical of those accessed by people without disabilities.

RAP also offers **Enhanced Services** for people with physical therapy and other intensive support needs at a 1:2 ratio. In addition, individuals who are unable to attend day programs due to medical reasons can get support at home from RAP's **Mobile Day Services**.

RAP is vendored by the Redwood Coast Regional Center and licensed by the Department of Social Services. U.V.A.H. is co-sponsored by the Ukiah Unified School District Adult School.



MAYACAMA INDUSTRIES

Mayacama Industries, established in 1965, assists individuals with disabilities in achieving economic self-sufficiency and vocational independence. It provides work training and employment for people to improve their work skills, habits and earnings in community-based employment.

Mayacama Industries enters into service contracts and provides training in grounds maintenance, motel and domestic housekeeping services. Document shredding, minor assembly and mailroom services to prepare newsletters or other items for bulk mailing are also available. All services are available to businesses and individuals.

Mayacama Industries operates **Mayacama Employment Service**, a job placement and support service that matches employers with capable employees. This service offers job training and follow-along assistance to both employers and employees for as long as needed. Mayacama Employment Service is a Mendocino Works partner.

Referrals are typically made through Redwood Coast Regional Center and/or the Department of Rehabilitation.